CARDIOVASCULAR DISEASE

DIET, NUTRITION AND EMERGING RISK FACTORS

THE REPORT OF THE BRITISH NUTRITION FOUNDATION TASK FORCE

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Abstract:

A COMPREHENSIVE, ACCESSIBLE DISCUSSION OF THE LATEST RESEARCH IN HEART DISEASE RISK FACTORS

Cardiovascular disease (CVD) is a major cause of early death and disability across the world. The major markers of risk—including high blood cholesterol, smoking, and obesity—are well known, but studies show that such markers do not account for all cardiovascular risk. Written by a team of renowned experts in the field, this comprehensive and accessible book examines the evidence for emerging and novel risk factors, and their relationship with diet and nutrition.

Fully updated throughout, Cardiovascular Disease: Diet, Nutrition and Emerging Risk Factors, Second Edition covers everything from the epidemiology of CVD, to genetic factors, to inflammation and much more—offering invaluable advice on reducing risk factors and preventing CVD. This new edition:

Authoritatively reports on the link between emerging aspects of diet, lifestyle and CVD risk

Focuses on novel risk factors of CVD, including the human gut microbiome and fetal and childhood origins, and how the condition can be prevented

-) Features recommendations for interventions and future research
- Includes references, commonly asked questions that summarise the take-home messages, and an online glossary

Cardiovascular Disease: Diet, Nutrition and Emerging Risk Factors, Second Edition is an important book for researchers and postgraduate students in nutrition, dietetics, food science, and medicine, as well as for cardiologists and cardiovascular specialists.

About the Author

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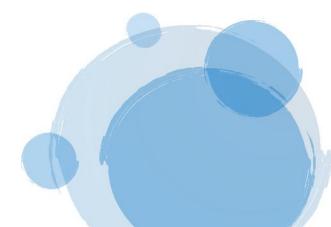


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